

**Course Title:** FMST 210: The Family Context of Human Development

**Lecture Times/Location:** 201: 4:00- 5:15 (Mon/Wed) in CHEM, D200

**Instructor Name/Email:** Maria Weatherby [Maria.Weatherby@ubc.ca](mailto:Maria.Weatherby@ubc.ca)

**TA Name/Email:** Ariana Barani [baraniz@mail.ubc.ca](mailto:baraniz@mail.ubc.ca)

**Office Hours:** Email me to set up a time

**Course Questions:** Email the instructor for all course questions

**Prerequisites:** None

**Course Description**

This course examines aspects of human development that influence and are influenced by family interactions. We will begin with an overview of research methods and research design strategies intended to minimize threats to validity. Then, we will review and compare theoretical concepts from disciplines such as psychology, genetics, epigenetics, neurology and evolutionary theories. Finally, we will review, evaluate, and synthesize theories and research related to the following four topics (i) **attachment** (i.e., what promotes the development of secure infant attachments to caregivers), (ii) **gender development** (i.e., general patterns and individual differences in sex-typed behavior and gender identity in childhood and adolescence), (iii) **discipline methods**, and (iv) patterns and sources of **aggression and bullying** in childhood and adolescence.

**Course Evaluation:** All exams will be written in the classroom during class time (except the final exam).

Date	Exam/Assignment Type	Targeted Material	Weight
1) <i>Monday, January 28</i>	Exam #1 (45 minutes)	<b>Lecture Templates:</b> Chapter 1	10%
2) <i>Wednesday, February 13</i>	Exam #2 (60 minutes)	<b>Lecture Templates:</b> Chapter 2 Chapter 3&4 <b>Readings:</b> Research Studies 1 & 2 <b>IQs:</b> Ch. 1, 2, 3, & 4	30%
3) <i>Monday, March 18</i>	Exam #3 50 minutes (closed book)  20 minutes (open book)	<b>Lecture Templates:</b> Chapter 5 Chapter 6a <b>Readings:</b> Research Studies 4 & 5  Research Study #3 and Ch. 5 lecture template	25%
4) <i>To Be Announced</i> (April 8-26)	Final Exam (90 minutes)	<b>Lecture Templates:</b> Chapter 6b Chapter 7 Chapter 8 <b>Readings:</b> Research Study 6 <b>IQs:</b> Ch. 5, 6, 7, & 8	35%

**Required Text:** *Boyd, Lifespan Development, Custom Edition for UBC.*

- I require that you purchase a copy of the custom textbook I have created.
- ISBN: 9781323852989
- This custom textbook will be used in the next summer and winter terms so buy-back options should be available.
- The custom textbook consists of 8 chapters from the textbook entitled *Lifespan Development* (6<sup>th</sup> Canadian Edition) by Boyd, Johnson and Bee (2018).

**Lecture Format:**

I do NOT use Connect or Canvas. All course material will be emailed using a secure faculty group email system. Course material will be emailed at two different times across the course: (1) during the second week of class, (2) on the evening of Exam 2. Please ensure that your email address on the SSC is correct. Email me if you have any difficulty receiving the group emails.

To prepare for each lecture, it is your responsibility to do the following two things:

1. Read/Skim the lecture template before the lecture. This should take approximately 5 minutes.
2. Bring the lecture template to class so that you can fill in the gaps in an organized way. For example, in the lectures, I will provide additional notes, elaborations, examples/applications, and answers to questions. None of this is provided in the textbook. I would recommend that you print the lecture templates and fill them in by hand to maximize engagement and learning.

**Note:** It is your responsibility to attend all lectures. It is not acceptable to contact me to obtain missed lecture notes.

**Independent Questions:**

To help you prepare for the second exam and the final exam, I have created **Independent Questions (IQs)** for each chapter of the textbook. You will receive the IQs via group email. Rather than reading the entire chapter and preparing your own notes, you should prepare answers to the IQs and then study your answers. Textbook material that is unrelated to the IQs will NOT appear on any of the exams. Consequently, the IQs help you to identify what to study. You are not expected to hand-in your answers to the IQs.

**Research Studies:**

There are six research studies that are targeted on exams. These research studies will be emailed to you. Please complete the associated questions for each study BEFORE class and be prepared to volunteer to answer ONE of the questions in class (a maximum of one bonus mark toward Exam#3 will be awarded for answering one question).

Research Study 1 & 2	Discuss on Feb 4
Research Study 3	Not discussed in class. Read the research study independently. Bring a copy of the research study to the open book portion of Exam 3.
Research Study 4	Discuss on March 6
Research Study 5	Discuss on March 11
Research Study 6	Discuss on March 27

<b>Date(s):</b>	<b>Lecture Topics:</b>	<b>Reminders:</b>
<b>January 2</b>	Course Introduction	
<b>January 7, 9, 14 &amp; 16</b> (Lecture Template: Ch. 1)	Research Methods Internal and External Validity	<b>Note:</b> Jan 14 is the last day to withdraw from the course without receiving a "W" on your transcript.
<b>January 21 &amp; 23</b> (Lecture Template: Ch. 2)	Learning Theories Cognitive Theories	
<b>January 28</b>	<b>Exam #1 (10%)</b>	No lecture after Exam #1.
<b>January 30</b> (Lecture Template: Ch. 3 & 4)	Adaptive Reflexes Neurology	
<b>February 4 &amp; 6</b>  <b>February 11</b> (Lecture Template: Ch. 5)	Research Studies 1 & 2 Review: Independent Questions  Attachment	Bring Ch. 1-4 IQs to class.
<b>February 13</b>  <b>February 18 &amp; 20</b>	<b>Exam #2 (30%)</b>  <b>No Class: Reading Break</b>	No lecture after Exam #2.
<b>February 25 &amp; 27</b> (Lecture Template: Ch. 5)	Attachment Continued	
<b>March 4</b> (Lecture Template: Ch. 6a)	Gender Development	
<b>March 6</b>	Research Study 4	Bring answers to class.
<b>March 11</b>	Research Study 5	Bring answers to class.
<b>March 13</b> (Lecture Template: Ch. 6b)	Wrap up Gender Development Begin Discipline	
<b>March 18</b>	<b>Exam #3 (25%)</b>	No lecture after Exam #3.
<b>March 20</b>	Discipline Continued	
<b>March 25</b> (Lecture Template: Ch. 7)	Aggression and Bullying	
<b>March 27</b>	Research Study 6	Bring answers to class.

<b>April 1</b> (Lecture Template: Ch. 8)	Moral Development; Self-Concept	
<b>April 3</b>	Review: Independent Questions	Bring Ch. 5-8 IQs to class.

### UBC Course Policies

#### Attendance

The calendar states: “Regular attendance is expected of students in all their classes. Regardless of the reason for your absence, you are responsible for obtaining missed lecture notes.

#### Accommodations

The University accommodates students with disabilities. The University also accommodates students whose religious obligations conflict with attendance or scheduled exams. Please let me know in the first week of class, if you will require an accommodation on either of these grounds. Students, who plan to be absent for varsity athletics, family obligations, or other commitments, cannot assume they will be accommodated. Please discuss your commitments with me in the first week of class so that you will know whether an accommodation will be awarded.

#### Academic Dishonesty

Please review the “Academic Regulations” from the UBC calendar to learn about university policies on cheating, plagiarism, and other forms of academic dishonesty. <http://www.calendar.ubc.ca/vancouver/index.cfm?tree=3,54,111,959> If you are caught cheating on an exam for this course, you will be asked to leave the classroom and you will receive zero on the exam.

#### Missed Exams

Make-up exams are a privilege and will be given to students with a bona fide medical note. Only one makeup exam is permitted per student. Because of concerns about fairness, it is not possible for a makeup exam to increase your overall course percent. For example, if you earn 80% on the makeup exam but an average of 70% on the remaining three exams, then your overall course percent will be 70%.

If you miss Exam 1, 2, or 3, you must:

(1) Email me the night before or the day of the missed exam, (2) Write the makeup exam on the arranged date and at the arranged time (only one date and time will be arranged), and (3) Bring your medical note to the make-up exam.

If you miss the final exam (due to excused circumstances), you will need to write it on the UBC arranged deferred date (sometime in July or August). Speak to an academic advisor if you miss the final exam.

#### Grading Guidelines

<i>Letter Grade</i>	<i>Points or Percent</i>	<i>Letter Grade</i>	<i>Points or Percent</i>	<i>Letter Grade</i>	<i>Points or Percent</i>
A+	90-100	B	72-75	C-	55-59
A	85-89	B-	68-71	D	50-54
A	80-84	C+	64-67	F	0-49
B+	76-79	C	60-63		

**Note:** To pass the course, you need to earn a minimum of 50 points (50%). I do not bump students up (even if you earn 49 points). Additionally, I do not allow students to complete extra assignments to increase their points. See me if you are struggling to pass exams and I will do my best to help you.

#### Early Alert

During the term, I will do my best to reach out and offer support if I am concerned about your academic performance or wellbeing. I also encourage you to come and speak with me if you need assistance. In addition, I may identify my concerns using Early Alert. The program allows academic, financial, or mental health concerns to be identified sooner and responded to in a more coordinated way. This provides you with the earliest possible connection to resources like academic advising, financial advising, counseling, or other resources and support to help you get back on track. All information will be treated confidentially. For more information, please visit <http://blog.students.ubc.ca/earlyalert/>